



Living  Well
Solutions Ltd.

CATERING MENU

Transporting health & exceeding
expectations; one bite at a time!

DROP OFF | DELIVERY | FULL SERVICE

[www. a2zlivingwell.com](http://www.a2zlivingwell.com)



CATERING & CARRY OUT ORDERING INFORMATION



CUSTOM ORDERS

We can accommodate special requests. Our mission is to EXCEED expectations, if there is something you do not see, please do not hesitate to ask! Call directly 234.205.2098 to speak with our team of professionals.

BOOKING: ALL EVENTS ARE SUBJECT TO \$150 DATE RESERVATION FEE

We appreciate as much notice as possible, however, a min. of 48 hour notice is necessary. We do our very best to rise to any occasion, even the last minute ones!

PICK UP OR DELIVERY?

Whichever works best for you! We can support your needs. Delivery fee is based on location.

SERVERS & CHEFS

Want to add an element of class and ease to your next event? We can provide you a smiling face, motivated and capable member of our team to assist your needs. Additional rates do apply, please inquire within.

HOT OR COLD

Your choice! We have plenty of options to meet you and your guests where they are at, no chafers, no problems, we can add those to any warm meal option. Or if you have access to ovens, we can prepare your food and properly chill it down to be enjoyed at a later time.

We will adhere to keep all foods out of the time/temperature danger zone*

PRICING

We strive to accommodate your budget needs. **Please note, some service styles do have a minimum that must be met.** The larger the group size, the better the pricing. Call today to get a quote.

PLATES & SUCH

Premium Disposables (faux china-looking) nothing paper or flimsy here! +\$5/PP

Earth Friendly Disposables (earthy natural brown & compostable when possible) +\$3/PP

A 2 Z Living Well Solutions Ltd. is a certified anti-inflammatory producer. Not all foods follow these strict guidelines but if your group has dietary needs, we go above and beyond to serve wholesome, safe foods to you and your guests. Many options can be tailored to be Gluten Free, Dairy Free, Vegan, Vegetarian, etc. Please inquire within.

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.



www.a2zlivingwell.com



234.205.2098

BRUNCH

STARTING AT \$18.50-\$40.50/PP

*ALL PRICES FIRST REFLECT STYLE OF SERVICE



**ULTIMATE BREAKFAST SANDWICH
OR WRAPS**

**OMELETS BAR | STOCKED WITH A
FRESH SELECTION OF VARIOUS
TOPPINGS *CHEF ON SITE ONLY**

DOUBLE CHEESE SCRAMBLED EGGS

**BAGEL & SPECIALLY TOAST BAR
BANANA | NUTELLA | CREAM
CHEESE | CURED SALMON | HONEY
BUTTER**

ARTISANAL FRUIT & GRANOLA

**BACON | HAM | OR CHICKEN
SAUSAGE**

**BELGIAN WAFFLES OR PANCAKES
LOCAL WHIPPED MAPLE BUTTER
*CHEF ON SITE ONLY**

**BRUNCH STYLE SALAD BAR
UNIQUE TOPPINGS PAIRED FOR ANY
OCCASION**

**FRENCH TOASTS MINIS OR
CASSEROLE STYLE
WITH MASCARPONE WHIPPED
CREAM**

**OHIO SMASHED HASH | LOCAL
POTATOES | FRIED ONIONS**

**POTATO PANCAKES
HOUSE MADE APPLE SAUCE**

**QUICHE PIES
VARIOUS FLAVOR PROFILES**

**AVOCADO TOAST WITH
ACCROUTEMENT**

**STUNNING FRUIT DISPLAY OF
CITRUS | GRAPES | MELONS |
BERRIES | YOGURT DIP**

**CHEF CAT'S FAMOUS
BLUEBERRY STICKY
CORNBREAD CASSEROLE**



LUNCH & ON THE GO MEALS

AVAILABLE STARTING AT \$19.50/PP

COMPLETE GOURMET BOXED MEALS OR BUFFET SERVICE

*SOME ITEMS INDICATES CHEF ON SITE ONLY



A 2 Z SIGNATURE POWER BOWLS
SEASONALLY INSPIRED | GRAINS |
FRUITS | PLANT BASED PROTEIN
OR GRILLED PROTEIN

CANTINA TACO BAR
CORN TORTILLAS OR LETTUCE
WRAPS | QUINOA | BEANS | CHOICE
OF 1 MEAT | FAJITA VEGGIES |
CILANTRO | ONIONS | LIME |
CHIPOTLE AIOLI

VEGGIE COLLECTION ON
SANDWICH OR +WRAP
HOUSE MADE AIOLI | GREENS | LTO

MINI SLIDERS
CHOOSE FROM: DELI OR +PULLED
PORK/BEEF TENDERLOIN
OR VEGGIE | GREENS | HOUSE
MADE AIOLI | PICKLED
PROVISIONS



A 2 Z SIGNATURE CHICKEN
CHIMICHURRI CHICKEN SALAD-
PULLED CHICKEN | NAPA CABBAGE
SLAW BAHN MI

TORTELINNI PASTA SALAD
GERNEROUSLY TOSSED IN SHELL
BELL'S FAMOUS PESTO |
PEPPERS | CHEESE

ITALIAN SUB GRINDER
STACKED DELI MEAT | ITALIAN
DRESSING & PICKLED PEPPERS

ASIAN NOODLE BOWL
RICE NOODLES | CRISP VEGGIES |
TOASTED SESAME VINAIGRETTE

ARTISANAL BOARDS & PLATTERS

PRICES STARTING AT \$3-\$8/PP
A SELECTION OF SMALL BITES EXPLODING WITH FLAVOR!

**A 2 Z STUNNING DISPLAY
CHEESE & CHARCUTERIE
BOARD FARMSTEAD
CHEESES & MEAT |
CLASSIC & UNIQUE
COMPLIMENTS**

**BRIE BOARD | PUFF
PASTRY | BERRY COULIS**

**PIZZETTES-WHITE
TUSCAN VEGGIE OR
CLASSIC RED SAUCE**

**CHICKEN OR BEEF
LOLLIPOPS
ASIAN OR ITALIAN STYLE**



**WHITE BEAN
BRUSCHETTA IN BELGIAN
ENDIVE BOATS**

**AWARD WINNING
SUNDRIED TOMATO
ARTICHOKE DIP**

**BACON WRAPPED
EVERYTHING-CHEF'S
HOMAGE TO BACON
DATES | CHESTNUTS &
SEASONAL ITEMS**

**CURED SALMON OR
PROSCIUTTO WRAPPED
ASPARAGUS | MUSTARD
DILL CRÈME**

DIPS & DISPLAYS

**RAINBOW HUMMUS-SEASONAL HUMMUS PAIRED WITH
VEGGIES OF THE RAINBOW VEGGIE CRUDITÉS +GRILLED PITA**

**SALSA BAR-VARIOUS FRESH SALSAS & GUACAMOLE
SERVED WITH FESTIVE CHIPS**

**PUMPKIN CRÈME SPREAD-ORCHARD APPLES & GRAHAM
CRACKERS FOR DIPPING WITH CANDIED WALNUTS**

**OHIO NON GMO POPCORN BAR
SPICED TOPPINGS | SWEET & SALTY**

**ANTIPASTO PLATTER OLIVES | GRILLED &
MARINATED VEGGIES | TAPENADES &
BAGUETTE**



SWEET BITES

STANDARD PRICE STARTING AT \$4/PP
PLEASE INQUIRE IF A CAKE CUTTING
SERVICE IS REQUIRED

S'MORES BAR

GRAHAM CRACKERS | PRETZEL STICKS |
MARSHMALLOWS | CHOCOLATE NUT
BUTTER | FRESH FRUITS

A 2 Z SIGNATURE MINI COOKIES
CHOCOLATE CHIP, EVERYTHING
OATMEAL, & CHAI SNICKERDOODLE
+ VEGAN & GLUTEN FREE AVAILABLE

TRIFLE DISPLAY WITH WHIPPED
CREAM & FRESH FRUITS



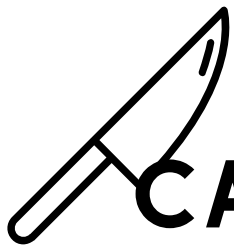
*FLOURLESS CHOCOLATE CAKE-
PALEO/GLUTEN FREE

A 2 Z SIGNATURE CHOCOLATE
TRUFFLES

MINI APPLE TARTLETS
CLASSIC APPLE PIE FILLING

SPICED BREAD PUDDING
CARAMEL APPLE GLAZE SERVED
WITH VANILLA BEAN CRÈME OR
PISTACHIO-DARK CHOCOLATE-
CHERRY

ROCKY ROAD BITES
BELGIAN CHOCOLATE
MARSHMALLOW | ALMONDS



CARVINGS

PLATTERS WORTH CELEBRATING!
CARVINGS START AT \$150 EACH
REQUEST MUST BE APPROVED BY
CHEF- NOT PICTURE PUMPKIN
CARVINGS & OTHER EDIBLE
DISPLAYS



EXCLUSIVE IN HOME PRIVATE EVENT & PERSONAL CHEF CATERING

REQUEST THE SERVICE OF A CLASSICALLY TRAINED CHEF FOR YOUR NEXT EVENT.
SPECIALIZING IN HEALTH-FORWARD GOURMET COOKING FOR SMALL AND LARGE GATHERINGS!

SAMPLE MENU

Greens

1 CHOICE

GRILLED ROMAINE | ROMESCO VINAIGRETTE | TOASTED PEPITAS

BALSAMIC MARINATED KALE & RADICCHIO | ROASTED GRAPES | CANDIED PECANS + CHEESE

RAINBOW BEET SALAD | HORSERADISH CREME' | MICROGREENS | TRUFFLE OIL

Main

2 CHOICES

LAMB LOIN CHOPS WITH BLUEBERRY COMPOTE

¼ CHICKEN WITH ROSEMARY & ROSE' BEURRE BLANC

ARGENTINEAN CHAR GRILLED RIB EYE STEAK WITH CHIMICHURRI

WILD HALIBUT/SALMON (OR FRESHEST CATCH & REQUEST) EN PAPPILLOTE +

CAULIFLOWER & HEARTS OF PALM EN PAPPILLOTE

Sides

2 CHOICES

SUMMER'S ROASTED & SEARED HARVEST BLEND-SQUASHES | GREENBEANS | LEEKS | BELL PEPPERS

CAULIFLOWER OR ARBORIO RICE PARMESAN-LOBSTER RISOTTO +

OLIVE OIL WHIPPED YUKON POTATO

SWEET POTATO HASSELBACKS

Intermezzo

1 CHOICE

CITRUS GRANITA

STICKY COCONUT CORNBREAD

A 2 Z CHOCOLATE TOUR +

Sweets

1 CHOICE

FLOURLESS CHOCOLATE CAKE-PALEO/VEGAN

MINI SEASONAL TARTLETS-APPLE | BLACKBERRY | COCONUT CREAM

SPICED BREAD PUDDING-PISTACHIO & HAZELNUT DARK CHOCOLATE

A 2 Z provides the food/menu/staffing to serve you and your guest intimately inside your home.
Menu options, final headcount & special requests such as rental equipment, etc.
will be calculated upon request.

FOR CUSTOM QUOTES PLEASE CONNECT:

234.205.2098 | A2ZLIVINGWELL@GMAIL.COM



WHO HAVE WE SERVED:

**HERE ARE A LIST OF COMPANIES THAT A 2 Z LIVING WELL SOLUTIONS
HAS HAD THE PRIVILEGE OF SERVING:**

**AKRON PUBLIC LIBRARY
ARTHUR J. GALLAGHER INSURANCE BROKER
BARRE 3
BEACHWOOD CITY SCHOOLS
BOUNCE INNOVATION HUB
COURTYARD MARRIOTT STOW
CUYAHOGA FALLS CHAMBER OF COMMERCE
CLEVELAND HEIGHTS-UNIVERSITY HEIGHTS CITY SCHOOL DISTRICT
CUYAHOGA FALLS CITY SCHOOL DISTRICT
COBRA PLASTICS INC.
CLEARVIEW HIGH SCHOOL
CUYAHOGA FALLS LIBRARY
CHAGRIN FALLS CITY SCHOOL DISTRICT
CSA GROUP
ENVISION RX
GEIS PROPERTY MANAGEMENT LLC
HUDSON LIBRARY & HISTORICAL SOCIETY
I GOT YOUR BACK MASSAGE & WELLNESS CENTER
KELLER WILLIAMS
KENT CITY SCHOOLS
LEE & ASSOCIATES
MAGIC OF LIFE FOUNDATION
METROPOLIS GOURMET POPCORN
MAPLE HEIGHTS CITY SCHOOLS
MODERN CO
MUSTARD SEED MARKET & CAFÉ
NATIONAL GENERAL INSURANCE
SHAPE RECLAIMED
SCANWORKS
SECPTA
STATE INDUSTRIAL
STORY POINT SENIOR LIVING
TESLA
WESTERN RESERVE HOSPITAL
THE WELL CDC**

& COUNTLESS PRIVATE INDIVIDUALS

**WHO HAVE TRUSTED US TIME & AGAIN TO SERVE THEM
FOR SOME OF LIFE'S MOST PRECIOUS MOMENTS!
WE PRAYERFULLY HOPE YOU ARE OUR NEXT CLIENT!**